

# PEDIALYTE®

## ORAL ELECTROLYTE MAINTENANCE SOLUTION



### USAGE

To prevent dehydration and restore fluids and minerals. **Pedialyte®** promotes fluid absorption more effectively than common household beverages.

#### Suggested indications:

- To quickly replace fluids and electrolytes lost during diarrhea and vomiting.
- To help prevent dehydration in infants and children.
- For maintenance of water and electrolytes following corrective parenteral therapy for severe diarrhea.
- For children under 2 years of age, consult a doctor prior to using **Pedialyte®**.

### FEATURES

- Ready to Use - No mixing or dilution necessary.
- Balanced electrolytes to replace losses and provide maintenance requirements.
- Provides glucose to promote sodium and water absorption.
- Unflavoured liquid available for infants.
- Great-tasting flavours to enhance compliance in older infants and children.
- Plastic one-litre bottles are resealable and allow for easy measuring and pouring.
- **Freezer Pops** (62.5 mL **Pedialyte®** per sleeve) available in 4 flavours to encourage compliance with fluid intake recommendations.
- Low osmolality (270 mOsm/kg water for flavoured; 250 mOsm/kg water for unflavoured).

## NUTRITIONAL INFORMATION

	Per 100 mL Liquid	Per 62.5 mL Freezer Pops
<b>ENERGY</b>		
Kilojoules	42	26.3
Calories	10	6.3
CARBOHYDRATE (g)	2.5	1.6
% of total energy Source		100% Dextrose
<b>ELECTROLYTES</b>		
Sodium (mmol)	4.5	2.8
Potassium (mmol)	2	1.3
Chloride (mmol)	3.5	2.2
<b>OSMOTIC CHARACTERISTICS</b>		
Renal solute load (mOsm/L)	100	100
Osmolality (mOsm/kg water)	250	250
Osmolarity (mOsm/L)	230	246

#### INGREDIENTS

**UNFLAVOURED LIQUID:** Active Ingredients: (U) Pareve) mg/100 mL: Dextrose 2500 mg, sodium chloride 205 mg, potassium citrate 204 mg, sodium citrate 86 mg. **Non-Medicinal Ingredients:** Water and citric acid.

**FRUIT-FLAVOURED LIQUID:** Active Ingredients: (U) Pareve) mg/100 mL: Dextrose 2500 mg, sodium chloride 205 mg, potassium citrate 204 mg, sodium citrate 86 mg. **Non-Medicinal Ingredients:** Water, citric acid, artificial fruit flavour, sucralose, acesulfame potassium, FD&C Yellow #6.

**GRAPE-FLAVOURED LIQUID:** Active Ingredients: (U) Pareve) mg/100 mL: Dextrose 2500 mg, sodium chloride 205 mg, potassium citrate 204 mg, sodium citrate 86 mg. **Non-Medicinal Ingredients:** Water, citric acid, artificial grape flavour, sucralose, acesulfame potassium, FD&C Red #40 and FD&C Blue #1.

**FREEZER POPS:** Active Ingredients: (U) Pareve) Water, dextrose, citric acid, sodium chloride, sodium carboxymethylcellulose, potassium citrate, potassium sorbate, sodium benzoate, sucralose and acesulfame potassium; **Non-Medicinal Ingredients:** Grape: Natural and artificial grape flavour, FD&C Red #40 and FD&C Blue #1; **Cherry:** Natural and artificial cherry flavour and FD&C Red #40; **Orange:** Natural and artificial orange flavour, FD&C Yellow #6 and FD&C Red #40; **Blue Raspberry:** Natural and artificial blue raspberry flavour and FD&C Blue #1.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

## AVAILABILITY

### Ready to Use:

1000-mL plastic bottles, 8/case:

- Unflavoured #0E626-803.
- Grape #54676-803.
- Fruit #00365-803.

62.5-mL sleeve Freezer Pops, 8 sixteen-sleeve boxes/case: grape, cherry, orange, and blue raspberry #00245-189.

For hospital/institutional use, **Pedialyte®** is available in the Abbott Nutrition Hospital Feeding System.

## DIRECTIONS FOR USE

Use **Pedialyte®** rather than juices, soft drinks, sports drinks, or water to adequately replace fluids and electrolytes lost during diarrhea.

Refer to Dosage Chart to restore fluid and electrolytes lost in diarrhea and vomiting. **Pedialyte®** should be offered frequently in amounts tolerated. Total daily intake should be adjusted to meet individual needs, based on thirst and response to therapy. The usual daily dose of **Pedialyte®** is 100-150 mL/kg or approximately 1.5-2.5 **Freezer Pops**/kg. For children older than 4 years of age, maintenance intakes may exceed 2 litres/day (32 or more Freezer Pops).

Once opened, **Pedialyte®** 1-L container should be refrigerated and used within 48 hours.

## PEDIALYTE® FREEZER POPS

Although **Pedialyte® Freezer Pops** flavours are best when frozen, they also taste great in liquid form. To help meet the required dosage, chill and consume in liquid form as an alternate to freezing, or mix equal quantities of liquid and frozen **Freezer Pops** in a blender as a special treat. **Freezer Pops** freeze best when removed from the carton. Freeze pops before separating. If using in liquid form, separate carefully to prevent leaking. When **Freezer Pops** are stored at room temperature, avoid excessive heat. Discard unused portion and do not reuse plastic sleeves.

## PRECAUTIONS

If there is vomiting or fever, or if diarrhea continues beyond 24 hours, consult a doctor.

## DOSAGE CHART

This easy-to-use chart suggests the daily dosage requirements of **Pedialyte®** in millilitres. The volume necessary is based on the child's weight (usually 100-150 mL/kg). **Pedialyte®** should be offered frequently in amounts that are tolerated. Total daily intake should be adjusted to meet individual needs, based on thirst and response to therapy.

Body Weight	Pedialyte® mL/Day
3 kg (6.6 lb)	300 - 450
4 kg (8.8 lb)	400 - 600
5 kg (11.0 lb)	500 - 750
6 kg (13.2 lb)	600 - 900
7 kg (15.4 lb)	700 - 1 050
8 kg (17.6 lb)	800 - 1 200
9 kg (19.8 lb)	900 - 1 350
10 kg (22.0 lb)	1 000 - 1 500
11 kg (24.2 lb)	1 100 - 1 650
12 kg (26.4 lb)	1 200 - 1 800
13 kg (28.6 lb)	1 300 - 1 950
14 kg (30.8 lb)	1 400 - 2 100
15 kg (33.0 lb)	1 500 - 2 250
16 kg (35.2 lb)	1 600 - 2 400
17 kg (37.4 lb)	1 700 - 2 550
18 kg (39.6 lb)	1 800 - 2 700
19 kg (41.8 lb)	1 900 - 2 850
20 kg (44.0 lb)	2 000 - 3 000

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