

NUTRITIONAL INFORMATION

	Per 100 mL	Per 100 Cal	Per 100 g
ENERGY			
Kilojoules	285	420	2200
Calories	68	100	526
PROTEIN (g)	1.4	2.1	10.9
% of total energy		8%	
Source	Non-fat milk & whey protein concentrate		
FAT (g)	3.7	5.4	28.9
Linoleic acid (g)	0.676	0.994	5.257
Linolenic acid (g)	0.072	0.106	0.56
% of total energy		49%	
Source	42% High oleic sunflower or high oleic safflower, 28% soy & 30% coconut oils		
CARBOHYDRATE (g)	7.1	10.4	55.5
% of total energy		43%	
Source	100% Lactose		

VITAMINS			
Vitamin A (RE/IU)	61/203	90/299	473/1577
Vitamin D ₃ (mcg/IU)	1/41	1.5/59	79/315
Vitamin E (IU)	2	2.9	16
Vitamin K ₁ (mg)	0.005	0.007	0.042
Vitamin C (mg)	6	9	47
Thiamine (Vit B ₁) (mg)	0.068	0.1	0.526
Riboflavin (Vit B ₂) (mg)	0.101	0.149	0.788
Niacin (mg)	0.71	1.04	5.5
Vitamin B ₆ (mg)	0.04	0.06	0.315
Vitamin B ₁₂ (mg)	0.00017	0.00025	0.00131
Folic acid (mg)	0.01	0.015	0.079
Pantothenic acid (mg)	0.304	0.447	2.365
Biotin (mg)	0.003	0.004	0.023
Choline (mg)	11	16	84
Inositol (mg)	3.2	4.7	25
Nucleotides (mg)	7.2	10.6	56

MINERALS			
Calcium (mg)	53	78	410
Phosphorus (mg)	29	41	221
Magnesium (mg)	4.1	6	32
Iron (mg)	0.47	0.69	3.66
Zinc (mg)	0.51	0.75	3.94
Copper (mg)	0.061	0.09	0.473
Iodine (mg)	0.004	0.006	0.032
Manganese (mg)	0.0045	0.0066	0.035
Selenium (mg)	0.00154	0.00226	0.012
Sodium (mg)	16	24	126
Sodium (mmol)	0.7	1	5.4
Potassium (mg)	71	104	552
Potassium (mmol)	1.8	2.7	14.1
Chloride (mg)	44	65	342
Chloride (mmol)	1.2	1.8	9.7

OSMOTIC CHARACTERISTICS			
Renal solute load (mOsm/L)		79	
Osmolality (mOsm/kg water)		303	
Osmolarity (mOsm/L)		273	
% of water		90%	

FATTY ACIDS			
Polyunsaturated (g)	0.79	1.2	6.14
Monounsaturated (g)	1.55	2.3	12.04
Saturated (g)	1.33	2	10.36
Cholesterol (mg)	0.0007	0.001	0.0054

AMINO ACIDS (mg)			
Histidine	38	56	300
Isoleucine	79	116	620
Leucine	139	204	1080
Lysine	114	168	890
Tryptophan	11	16	80
Phenylalanine	57	84	440
Threonine	75	110	580
Valine	78	115	600
Methionine	42	62	320
Cystine	15	22	110
Taurine	4.5	7	35

INGREDIENTS

Concentrate: (D-D) Water, evaporated or dry skim milk, lactose, high oleic safflower oil or high oleic sunflower oil, soy oil, coconut oil, whey protein concentrate, potassium citrate, calcium carbonate, monoglycerides, soy lecithin, potassium chloride, ascorbic acid, choline bitartrate, carrageenan, calcium phosphate, magnesium chloride, potassium phosphate, taurine, ferrous sulphate, m-inositol, cytidine 5'-monophosphate, d-α-tocopheryl acetate, disodium guanosine 5'-monophosphate, zinc sulphate, disodium uridine 5'-monophosphate, adenosine 5'-monophosphate, niacinamide, d-calcium pantothenate, cupric sulphate, vitamin A palmitate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, β-carotene, folic acid, manganese sulphate, phyloquinone, biotin, sodium selenate, vitamin D₃, cyanocobalamin. May contain sodium chloride and potassium hydroxide. Contains citric acid.

Powder: (D-D) Nonfat milk, lactose, high oleic sunflower oil, coconut oil, soy oil, whey protein concentrate, potassium citrate, calcium carbonate, potassium chloride, ascorbic acid, choline bitartrate, ascorbyl palmitate, taurine, m-inositol, cytidine 5'-monophosphate, disodium guanosine 5'-monophosphate, d-α-tocopheryl acetate, ferrous sulphate, disodium uridine 5'-monophosphate, mixed tocopherols, zinc sulphate, adenosine 5'-monophosphate, niacinamide, d-calcium pantothenate, vitamin A palmitate, cupric sulphate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, β-carotene, folic acid, manganese sulphate, vitamin K₁, biotin, sodium selenate, vitamin D₃, cyanocobalamin. May contain magnesium chloride, sodium chloride and calcium phosphate tribasic.



SIMILAC® REGULAR
INFANT FORMULA